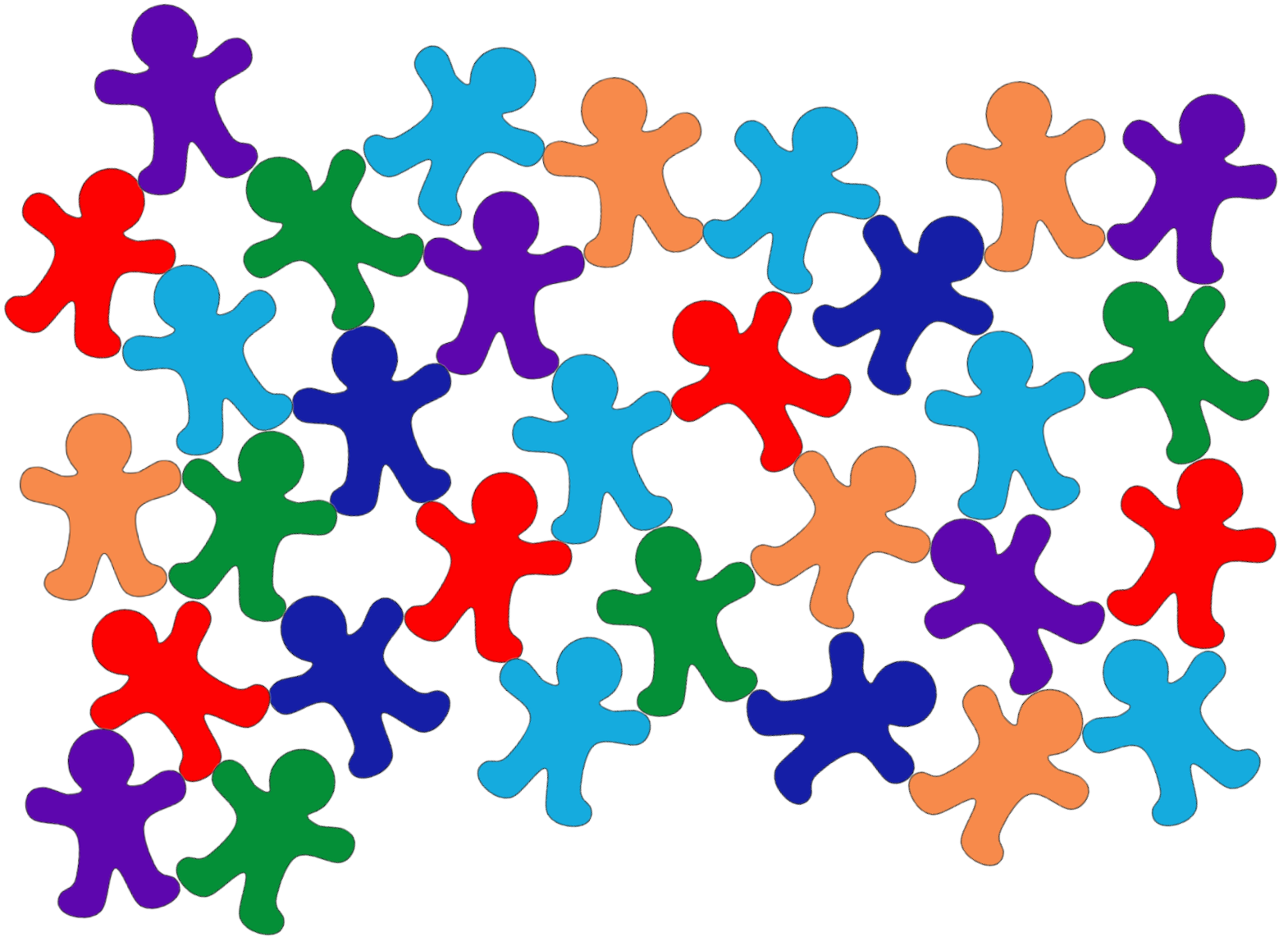


Draw Your Emotions

Understanding You and Your Emotions

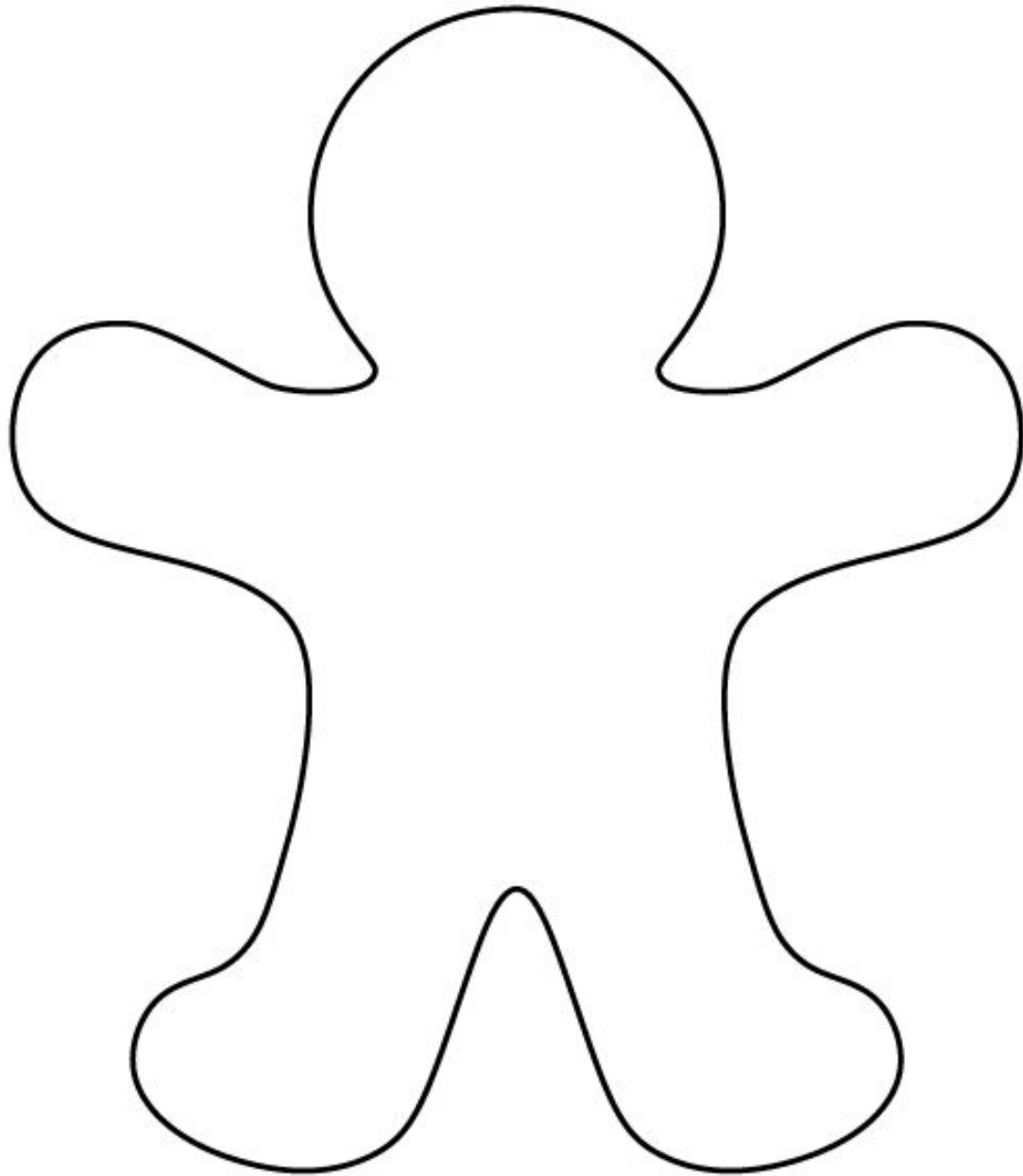


Developed By:

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Draw Your Emotions

AFRAID



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

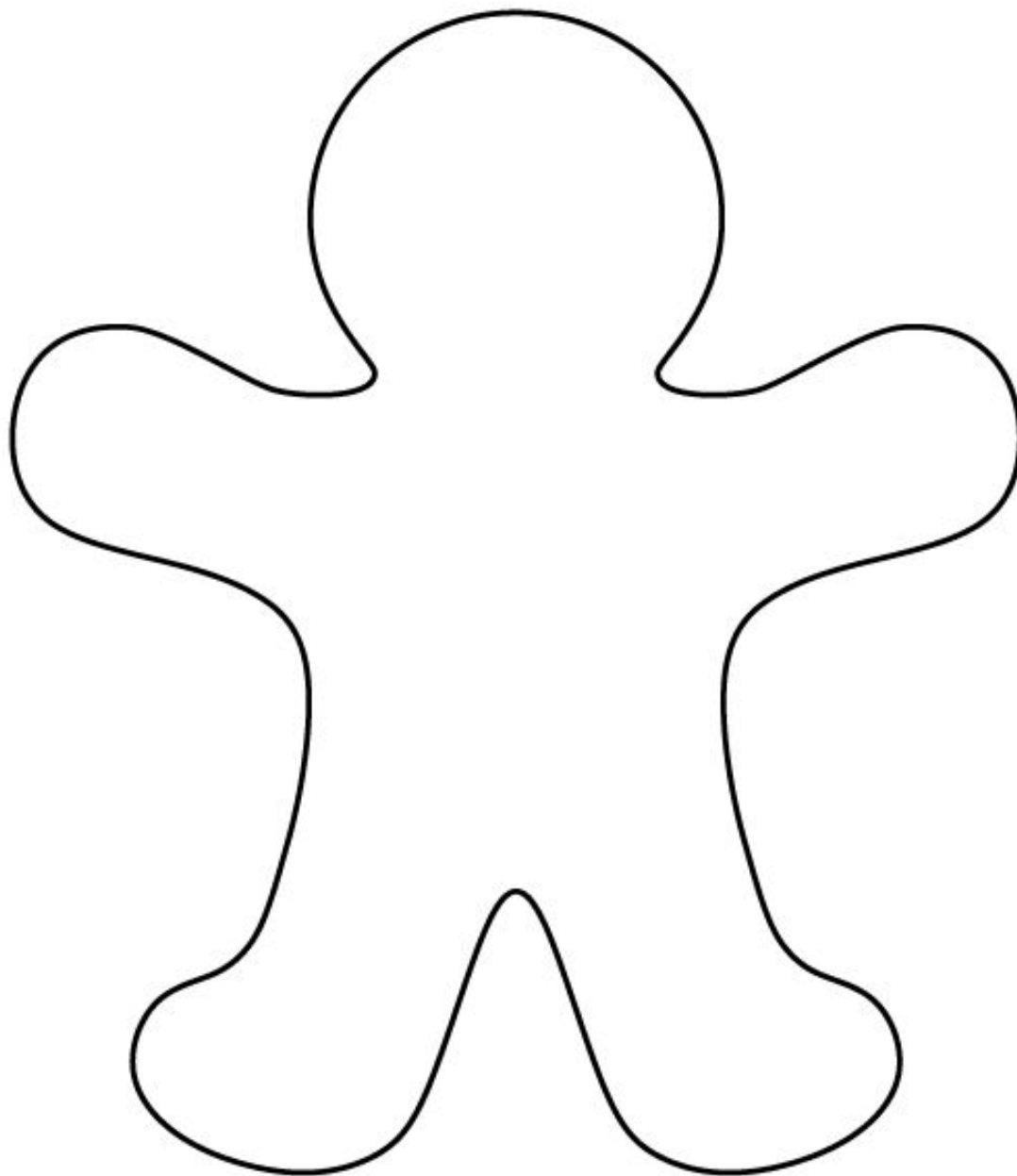


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Draw Your Emotions

ANGRY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

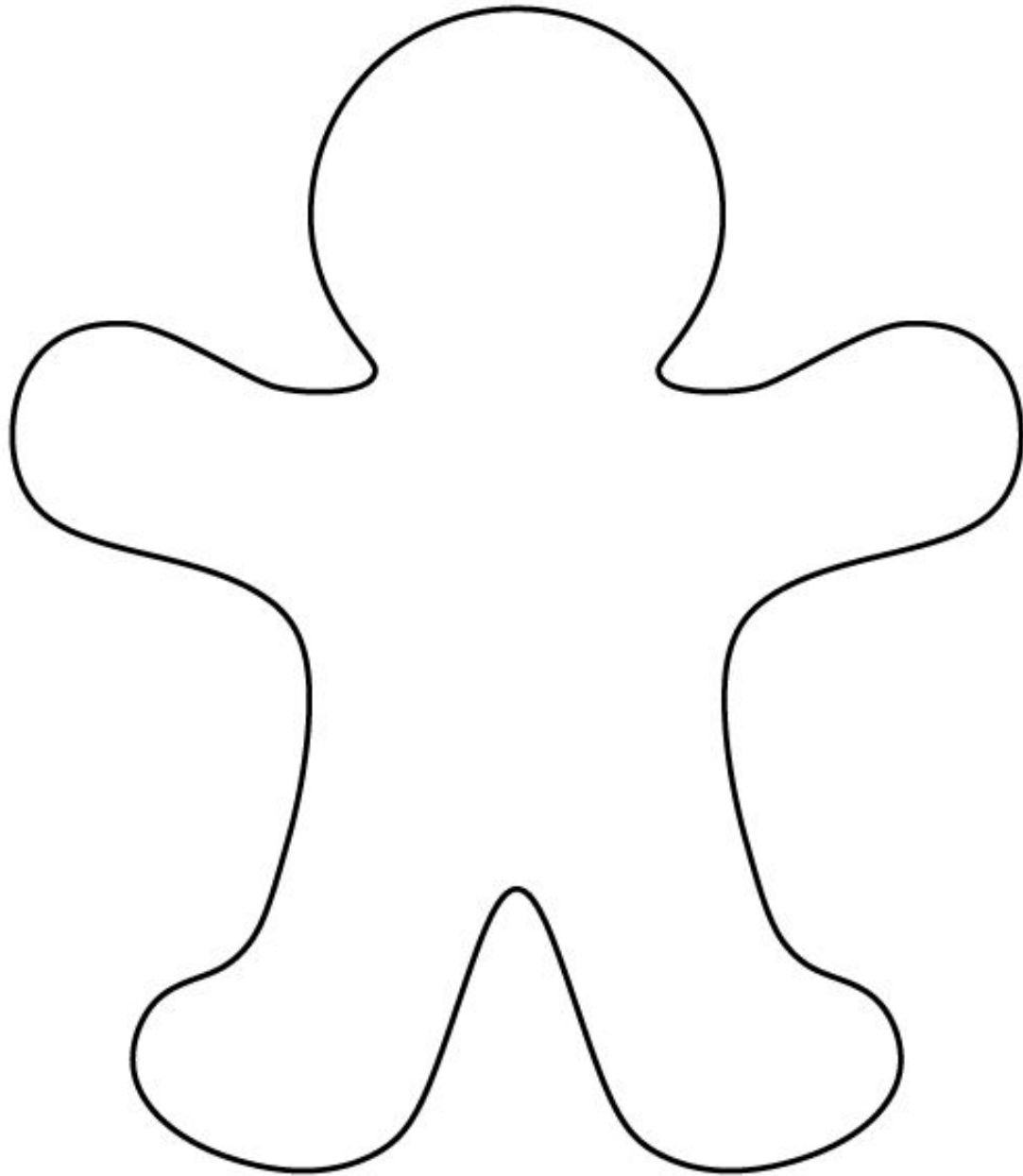


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Draw Your Emotions

BORED



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

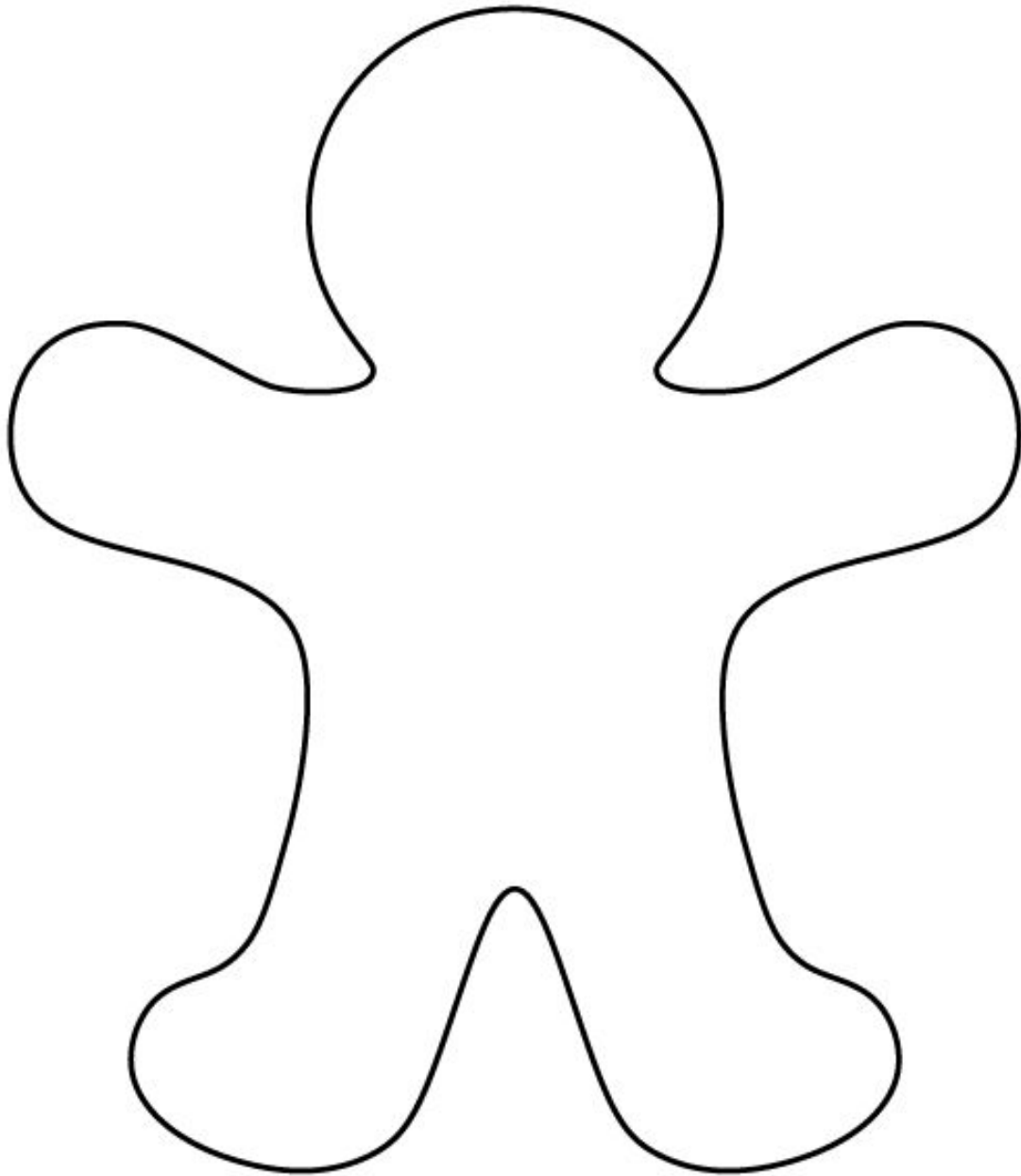


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Draw Your Emotions

CALM



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

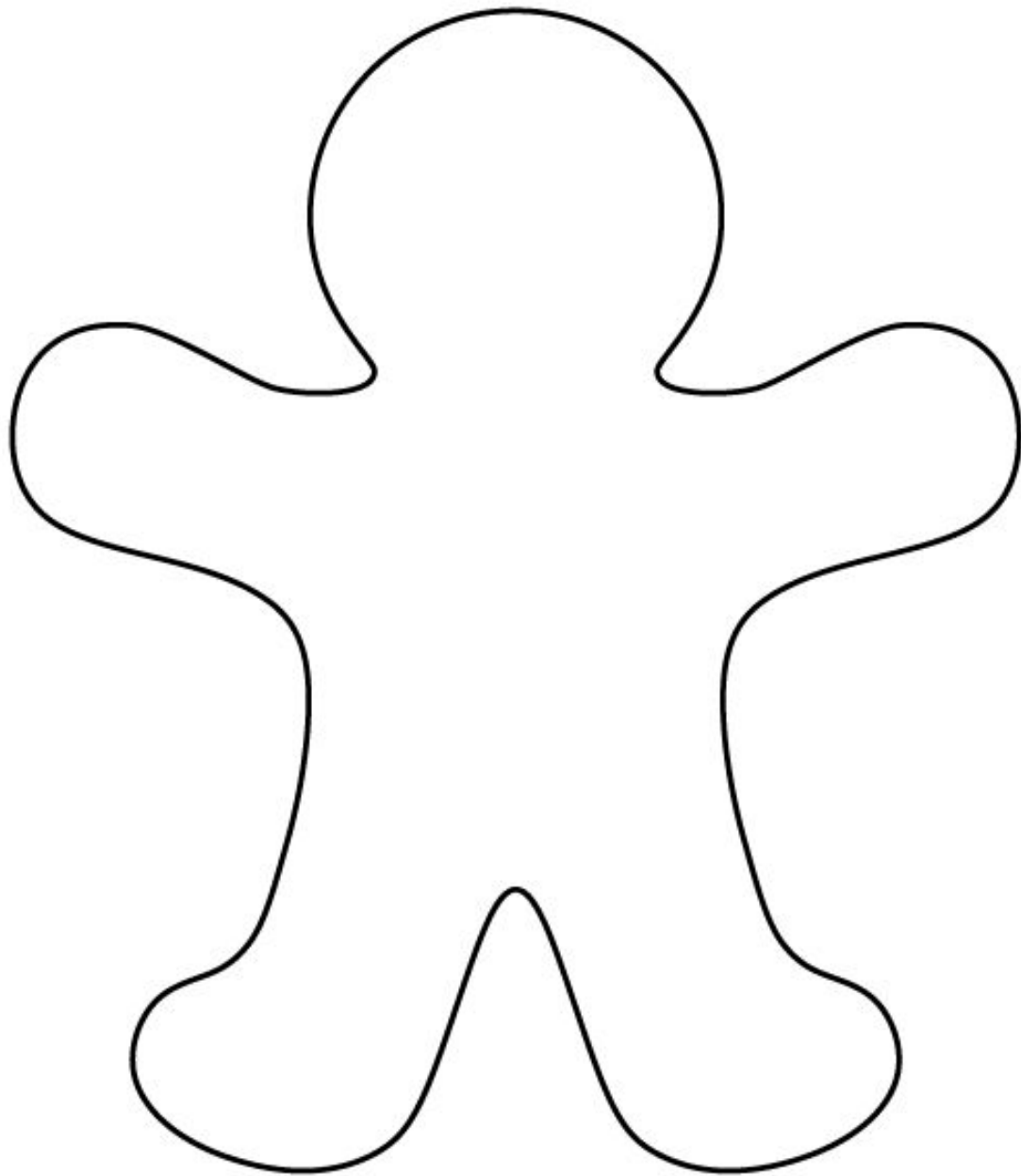


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Draw Your Emotions

CONFUSED

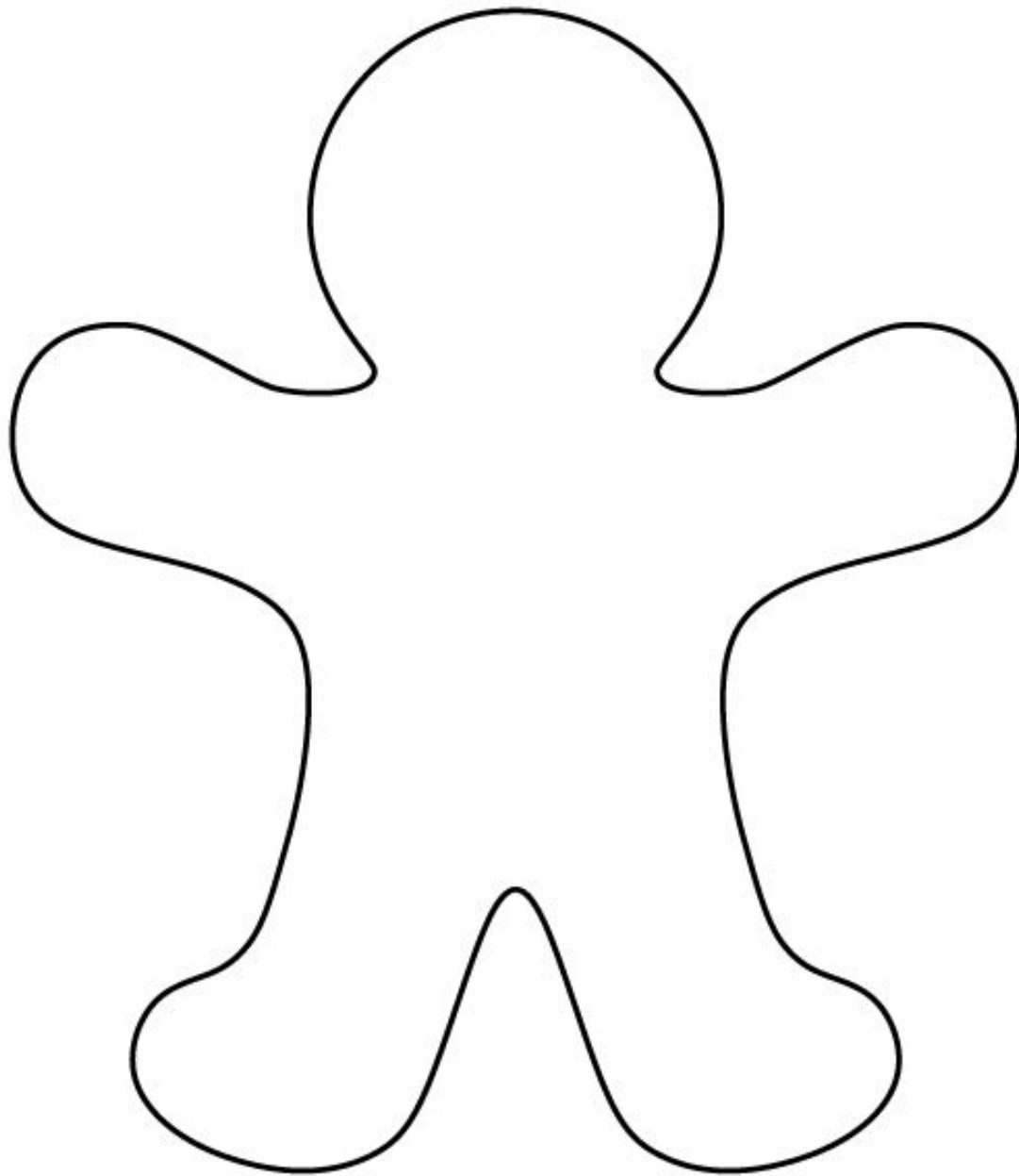


Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?



Draw Your Emotions

CRANKY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

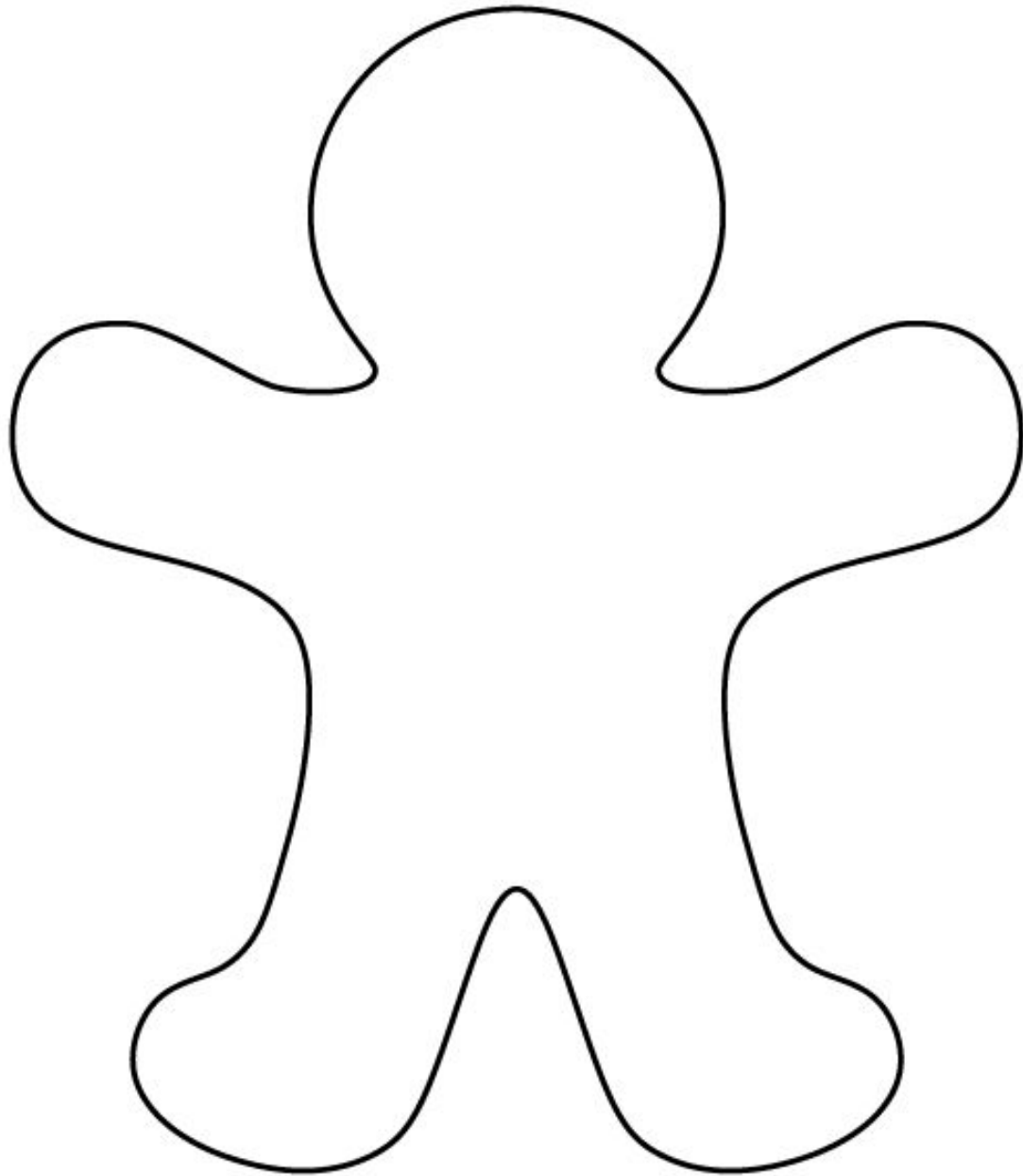


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Draw Your Emotions

DISGUSTED

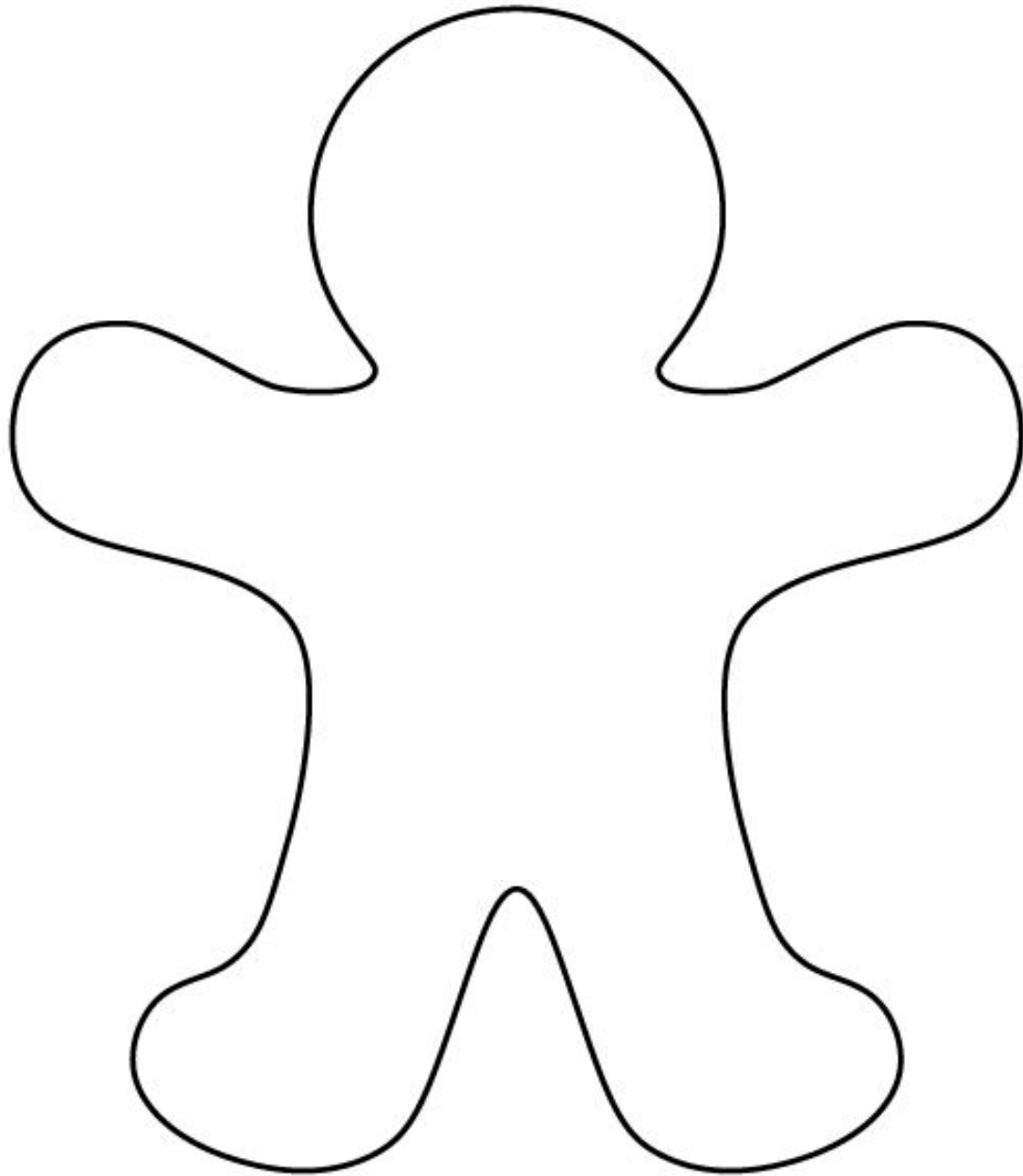


Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?



Draw Your Emotions

EXCITED



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

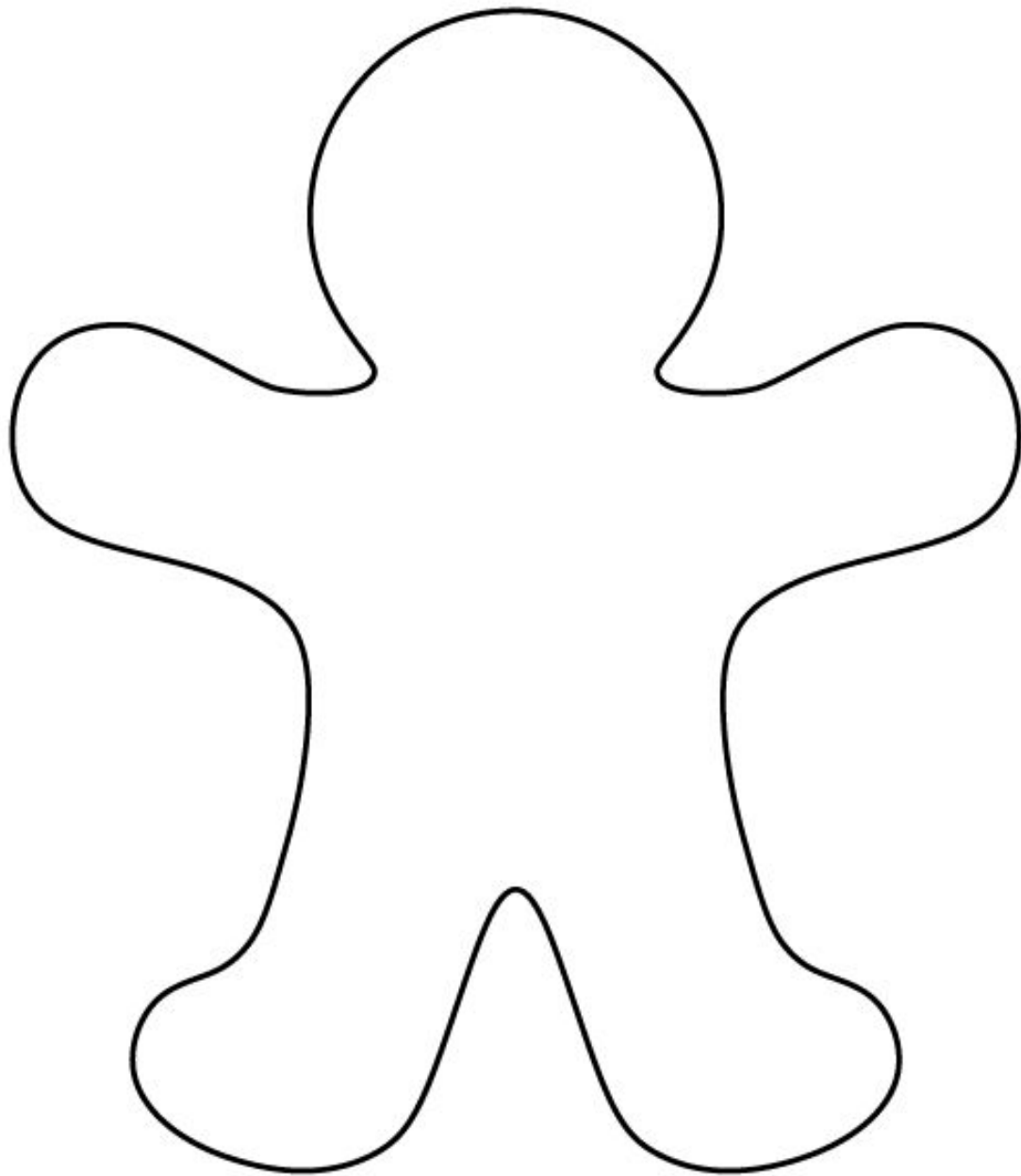


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Draw Your Emotions

GLAD



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

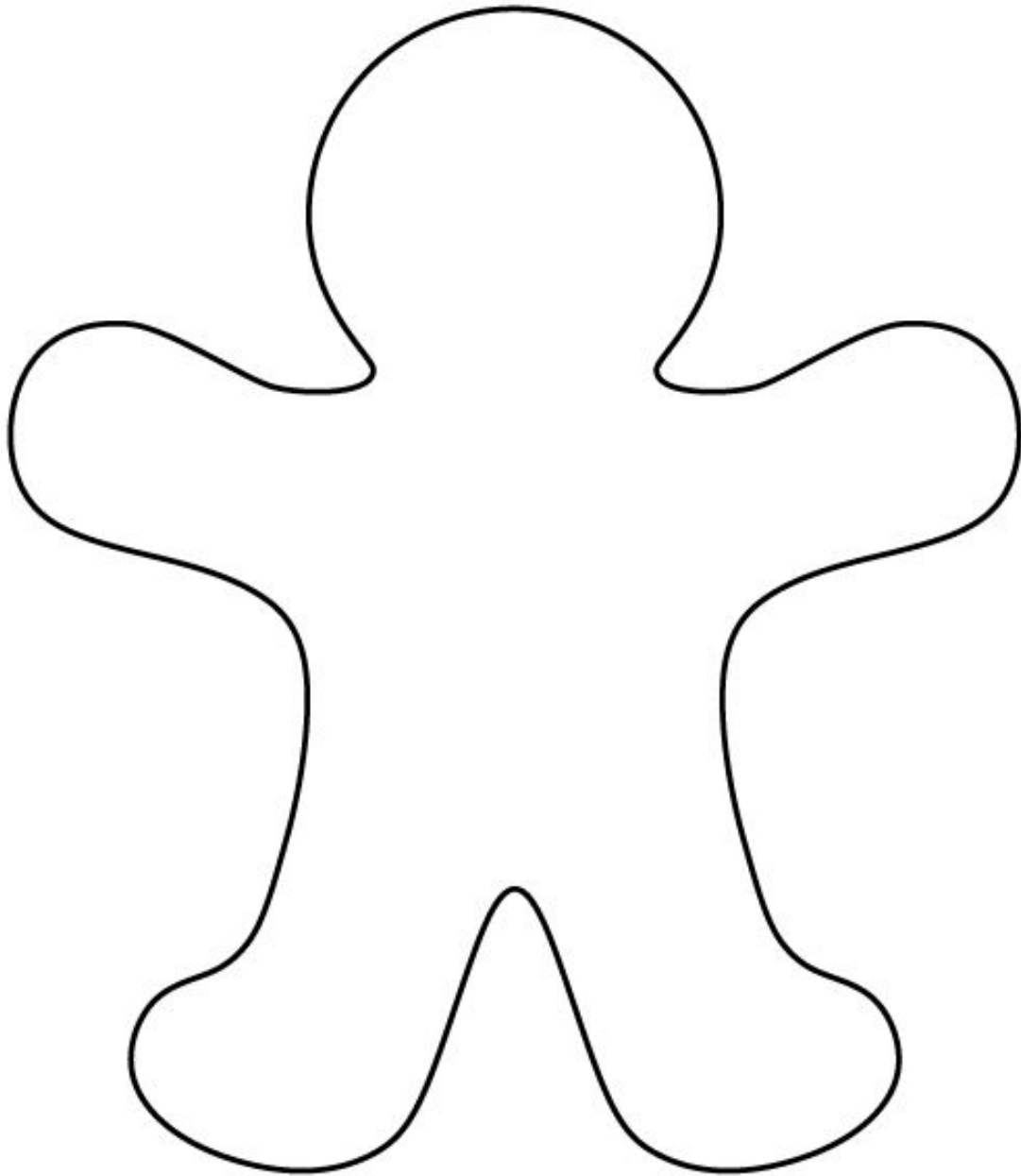


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Draw Your Emotions

GUILTY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

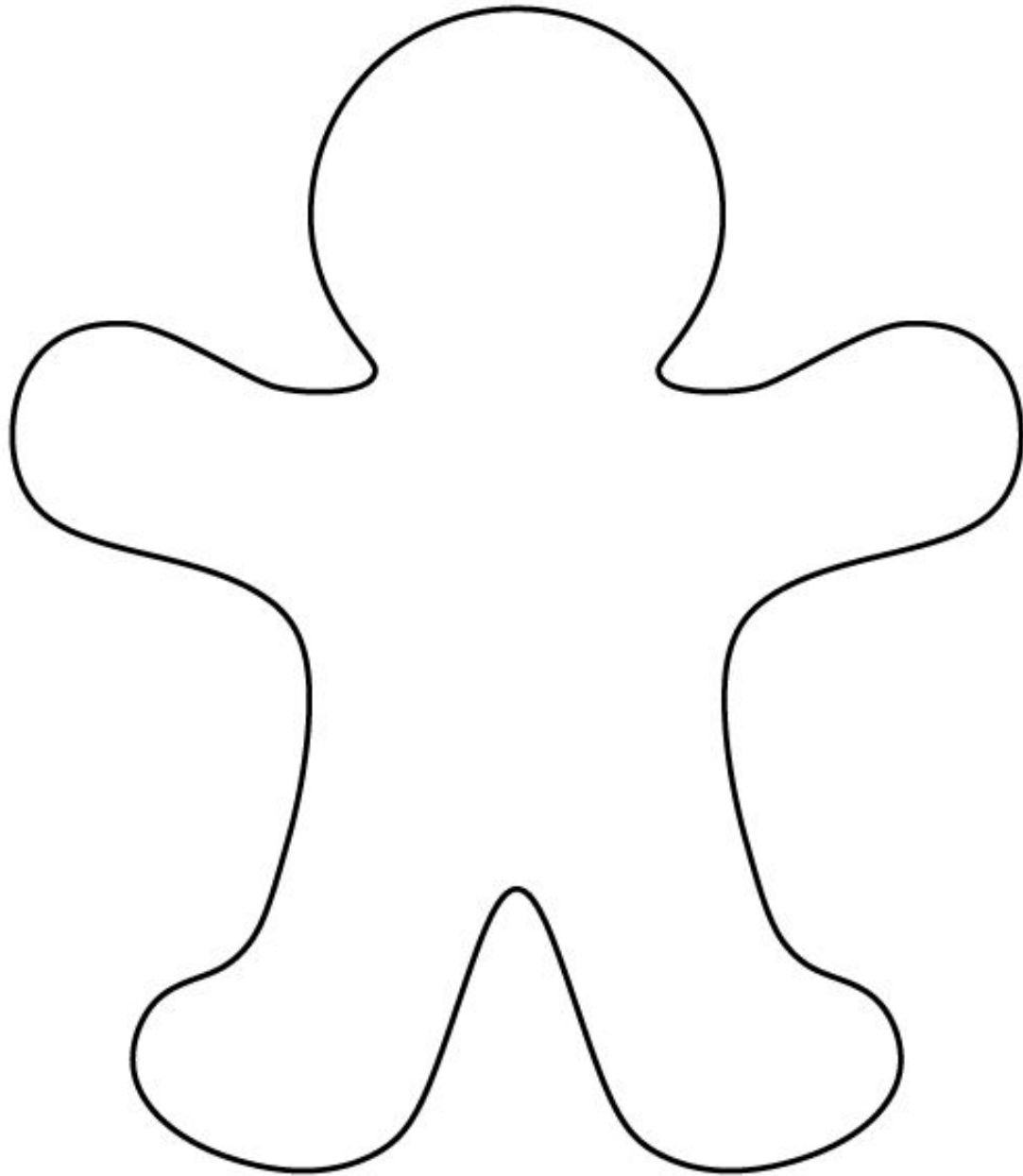


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Draw Your Emotions

HAPPY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

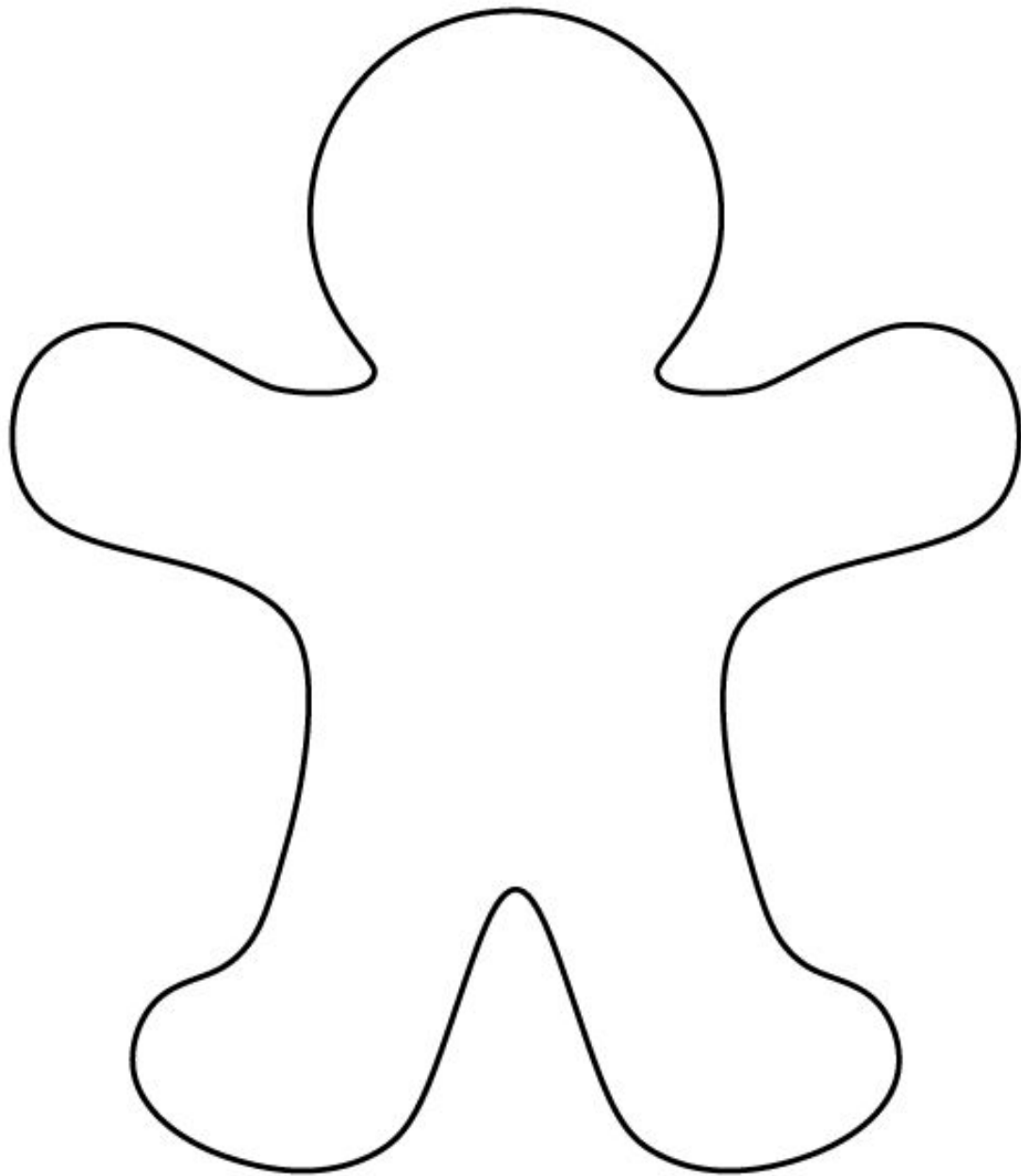


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Draw Your Emotions

IMPATIENT

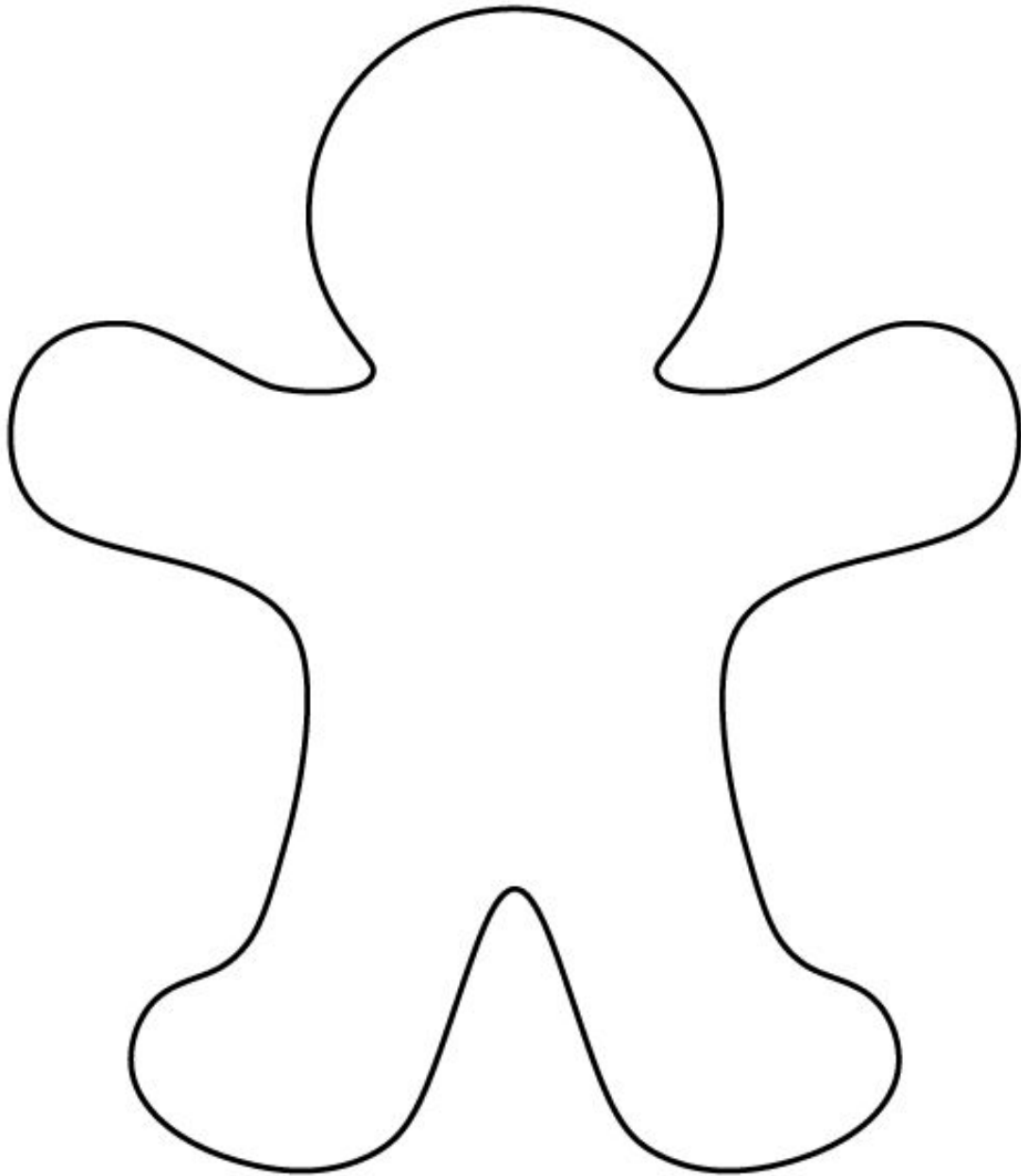


Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?



Draw Your Emotions

JOY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

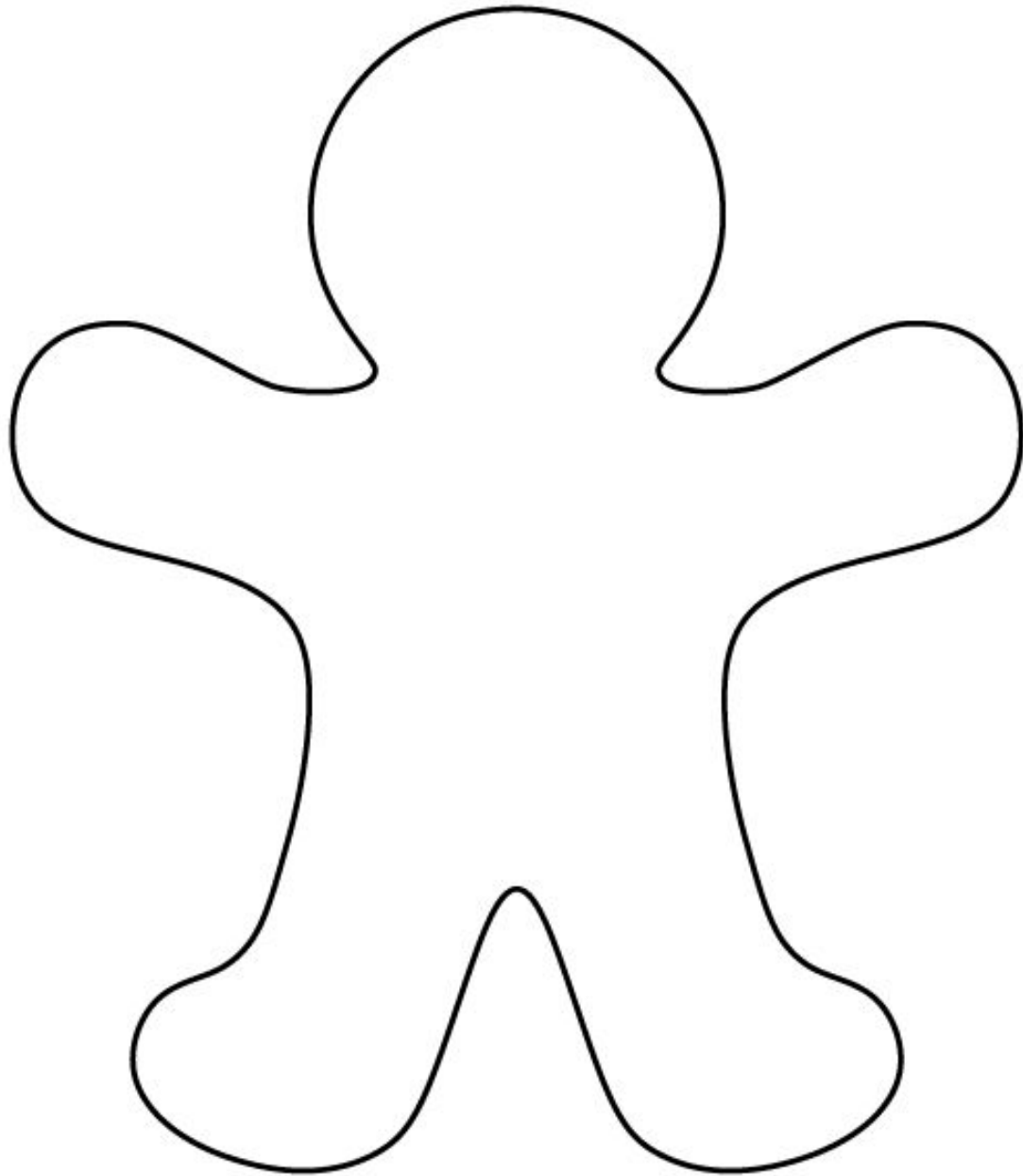


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Draw Your Emotions

LONELY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

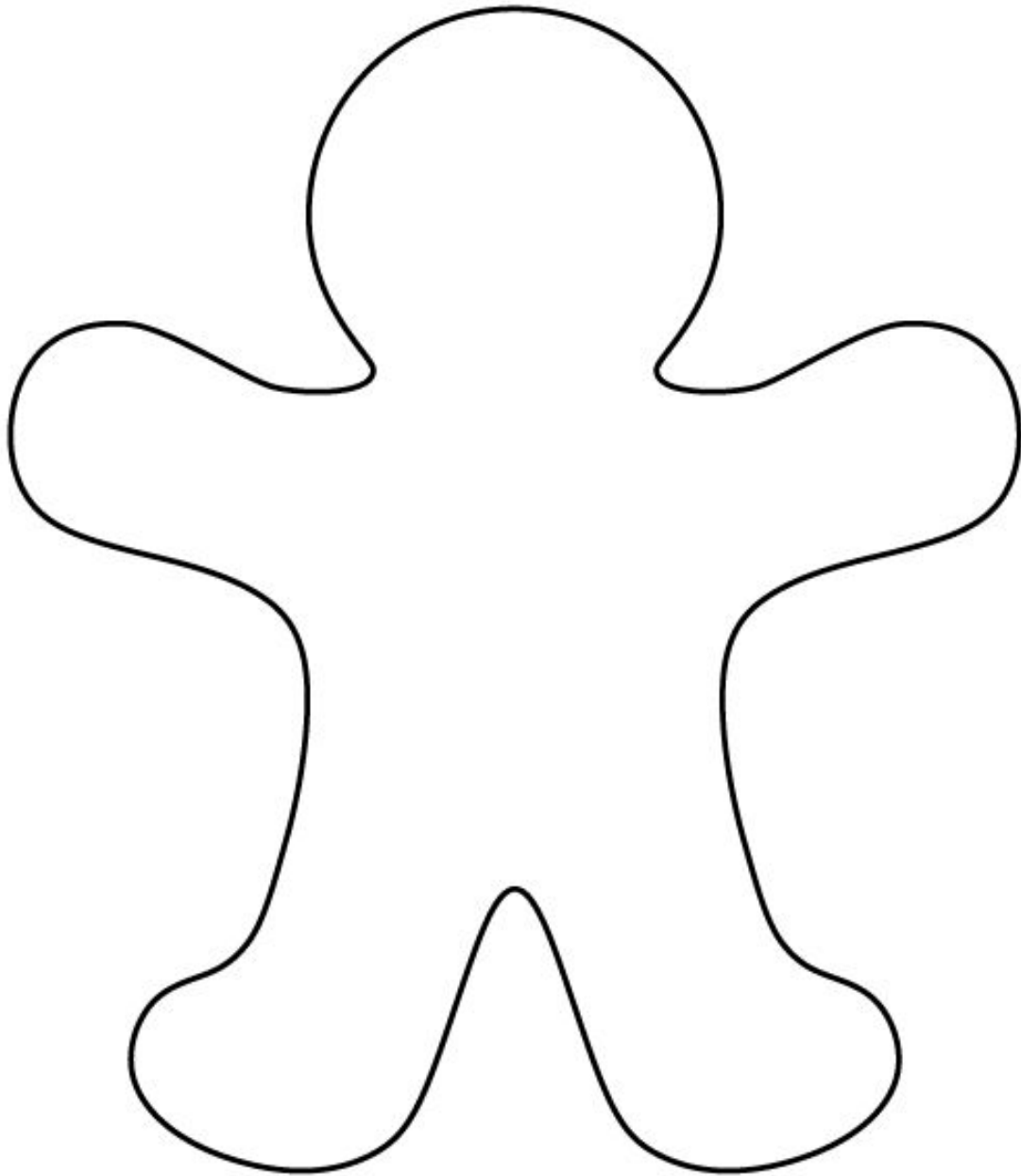


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Draw Your Emotions

LOVE



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

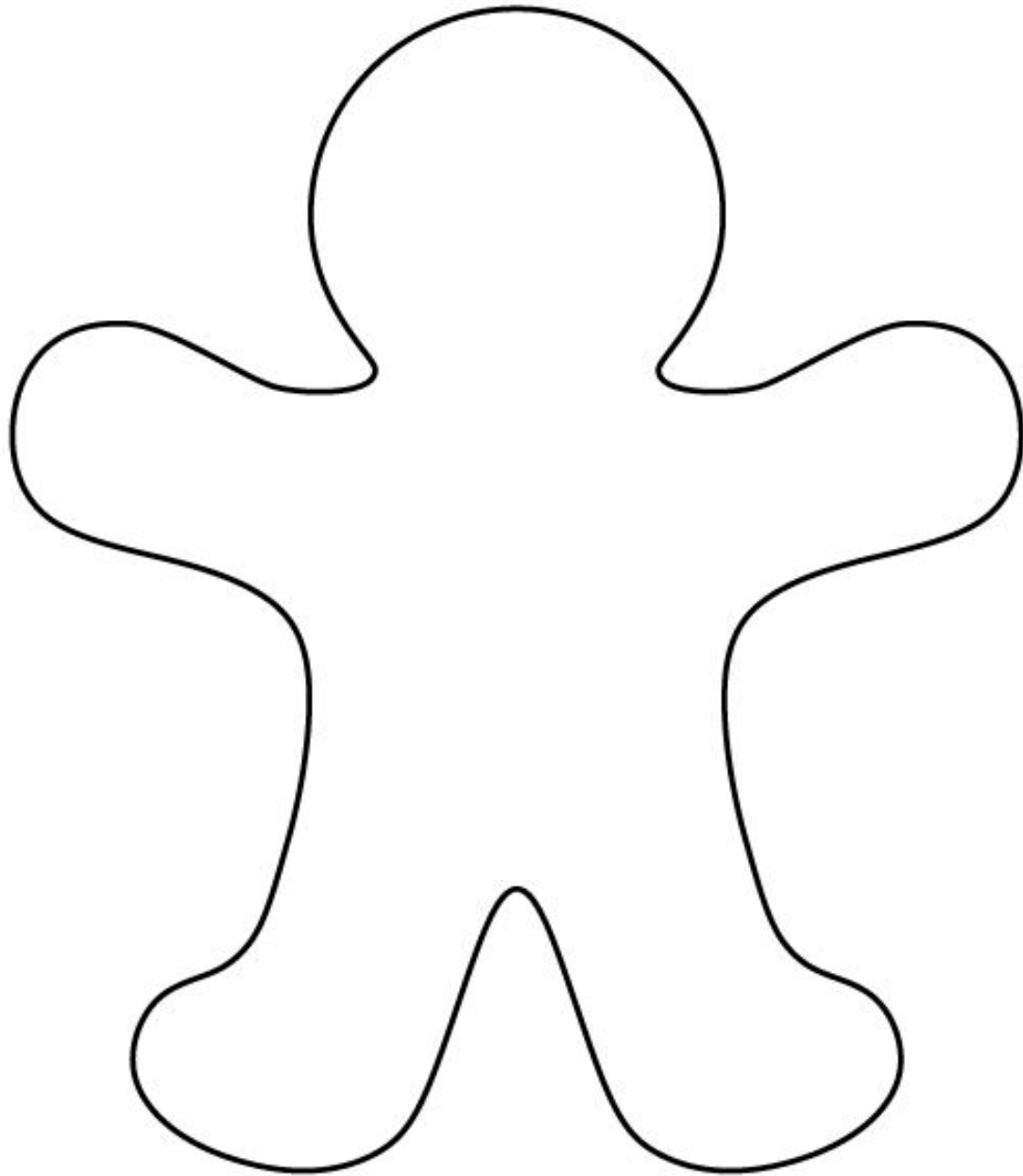


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Draw Your Emotions

PROUD



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

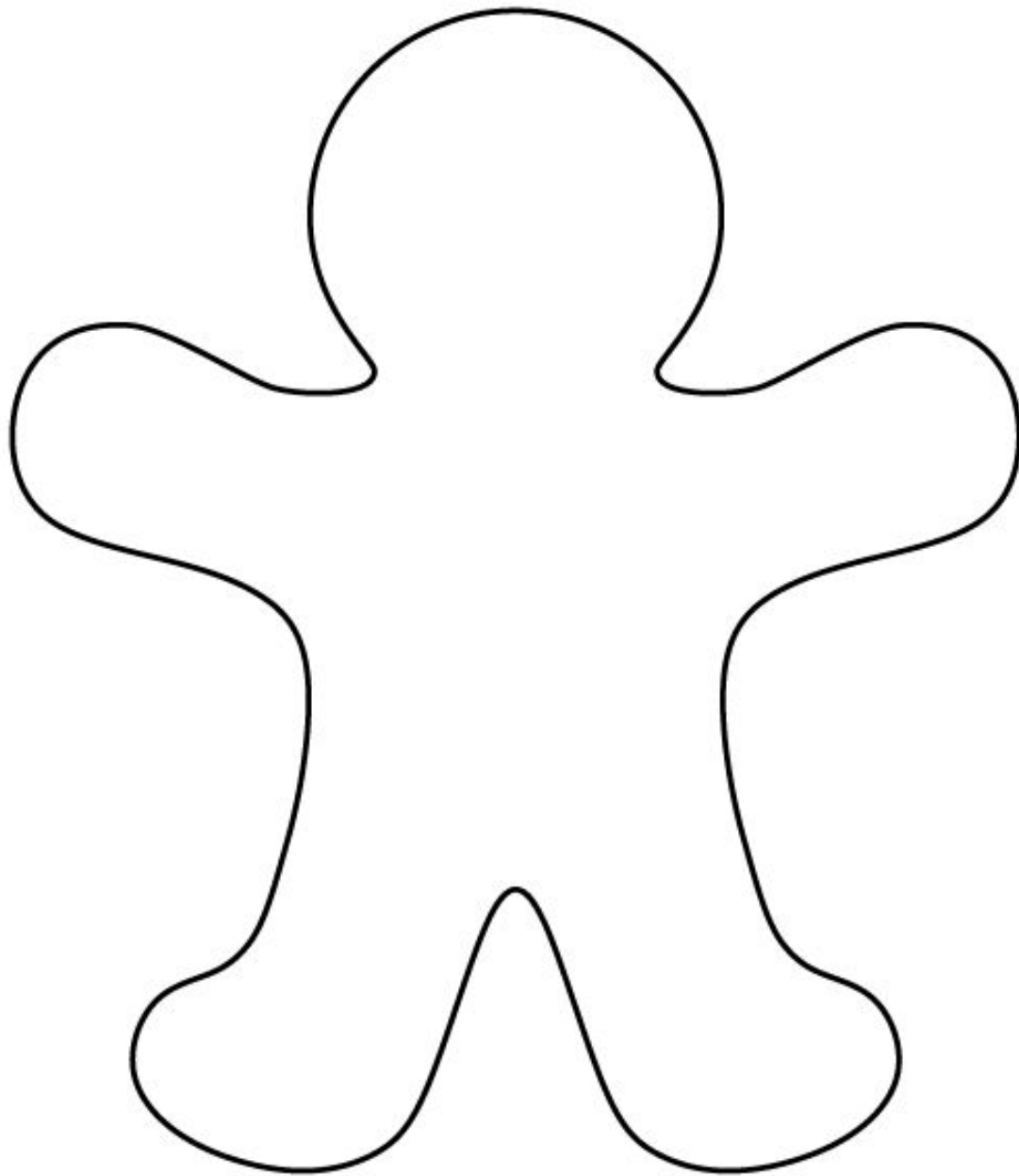


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Draw Your Emotions

SAD



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

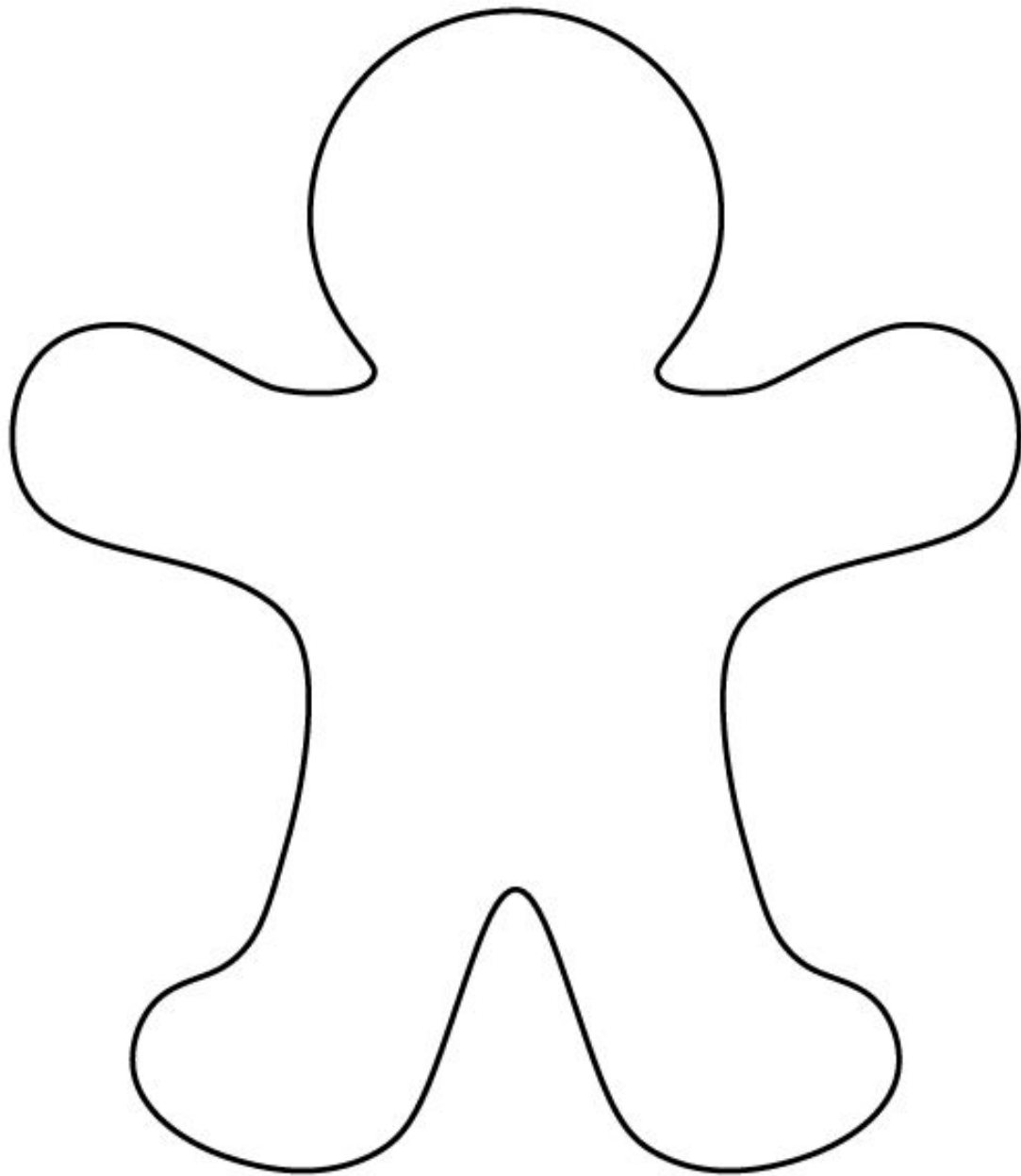


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Draw Your Emotions

SHY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

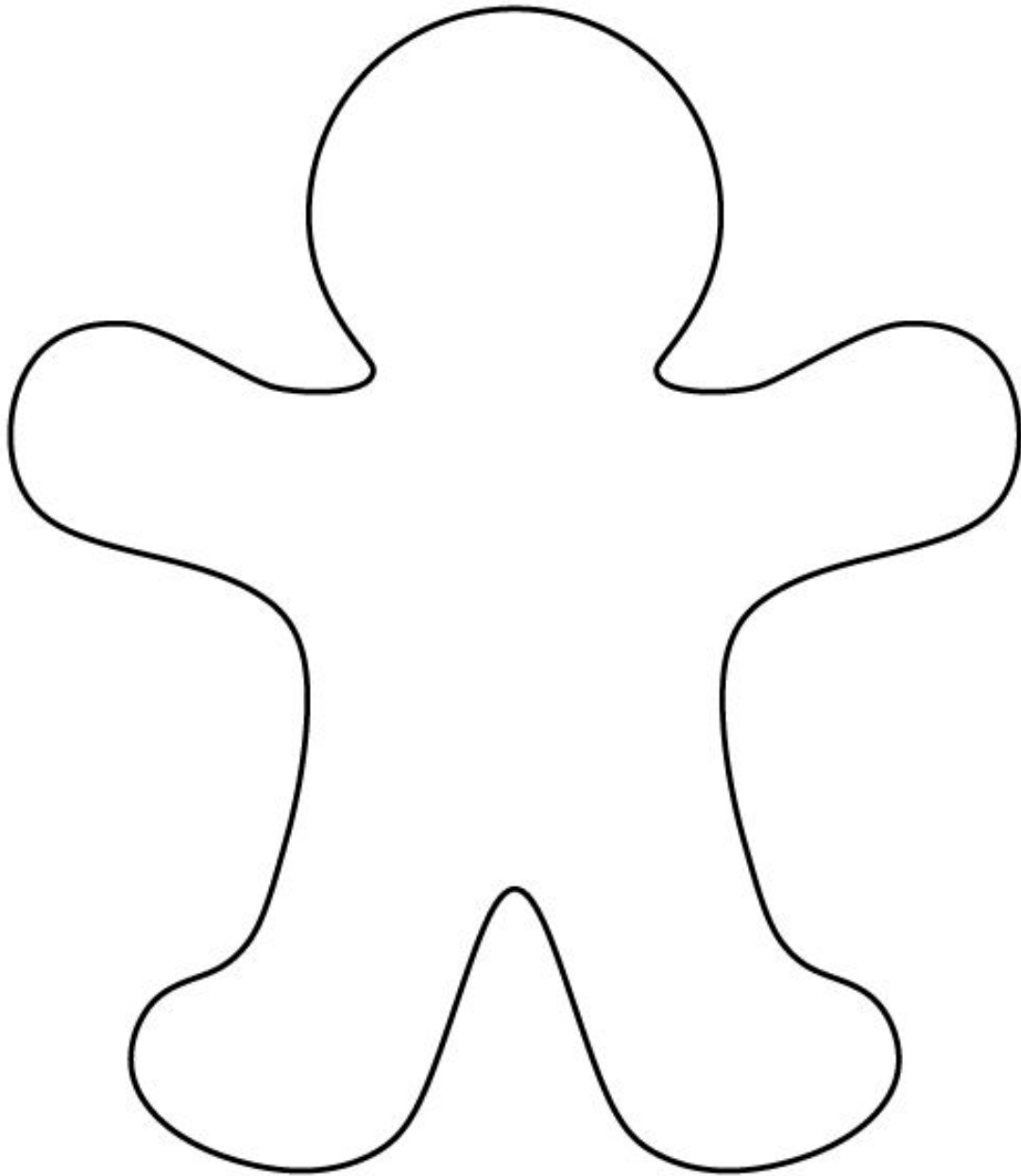


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Draw Your Emotions

SILLY



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

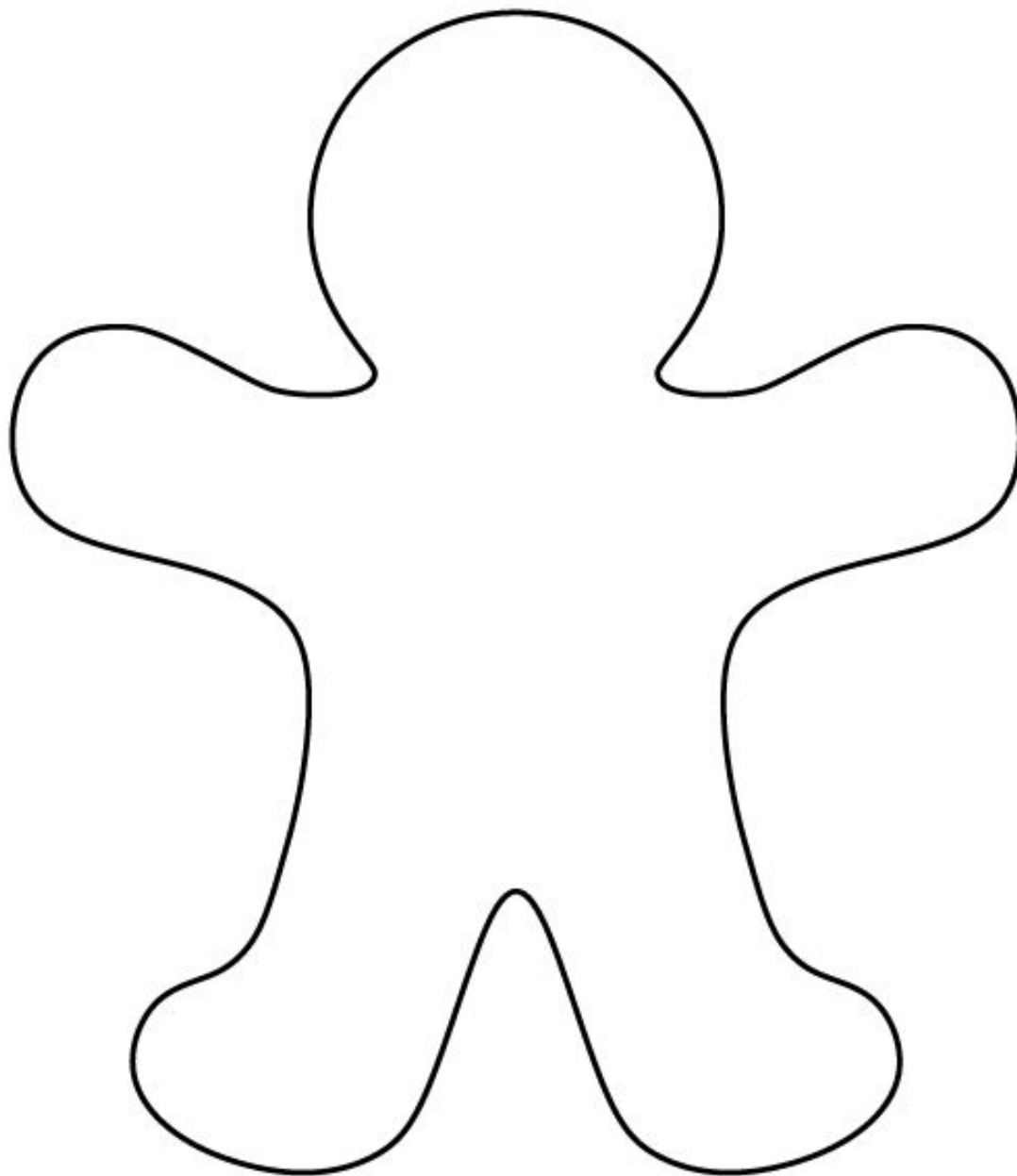


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Draw Your Emotions

SURPRISED



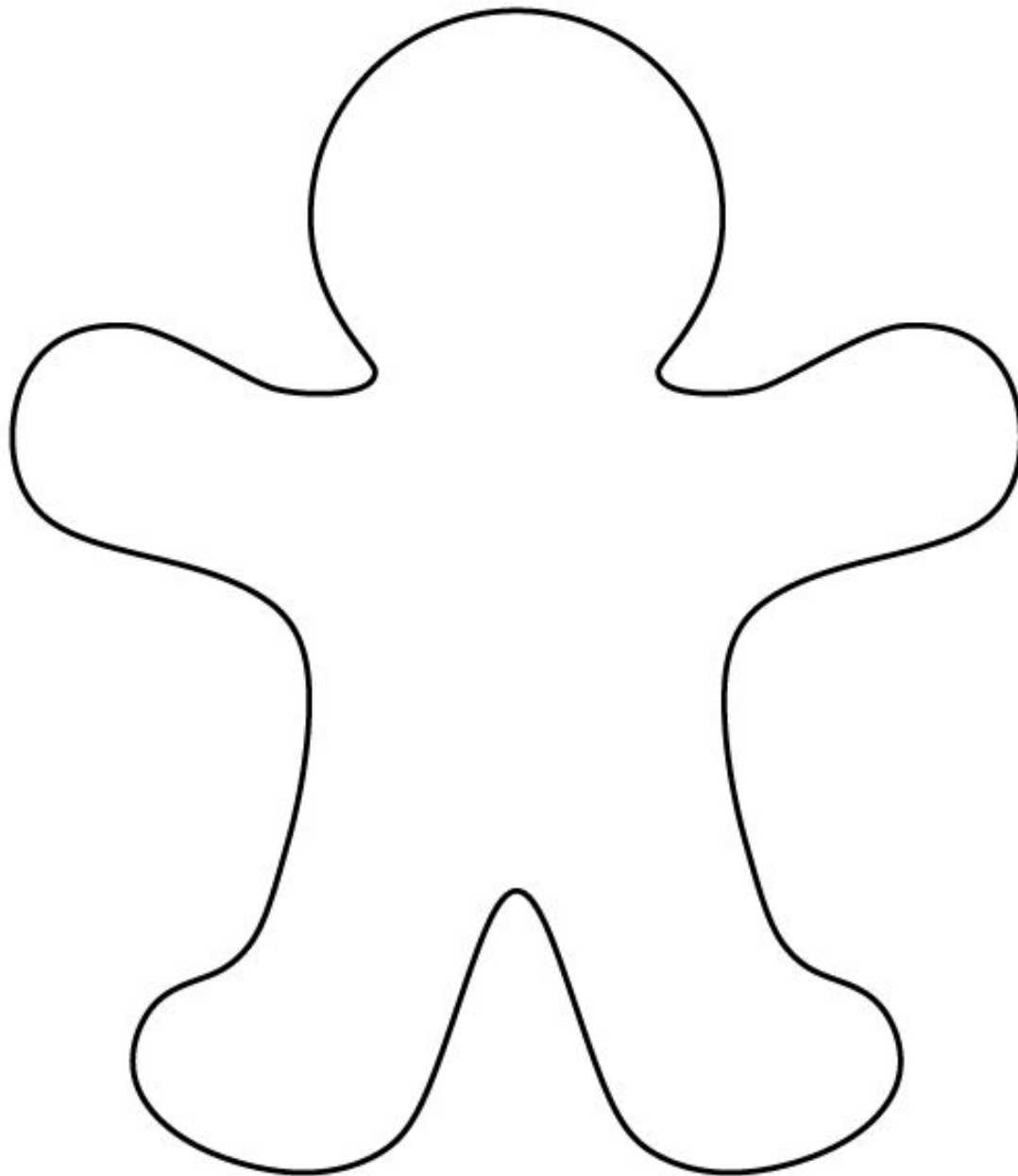
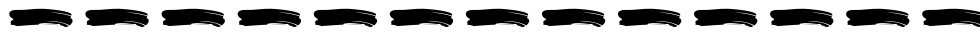
Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?



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Draw Your Emotions



Use the template above to draw how your body feels when you are experiencing this emotion. What part of your body do you feel the emotion in? What does it feel like? What color is it? Where else do you feel this emotion?

